



# 2018 Wisconsin Cross Country Championships

- When:** SUNDAY, NOVEMBER 4, 2018
- Where:** UW-Parkside, Kenosha, WI (Note: Parkside Athletics - **No Dogs Allowed**)
- Eligibility:** All competitors must be USATF Members for 2018. Register on-line at <https://www.usatf.org/membership/application> or add the appropriate amount (\$20 Youth athletes, 18 & under)(\$30 over 18) to your entry fee and complete and sign the membership form. Your membership will then be valid through December 31, 2019. Athletes age 18 and under must attach proof of age if your membership card does not indicated "verified." Email proof of age to Matt DeWitt (See Officers & Committee Chairs.)
- Entry Fee:** Register on-line at <http://www.athletic.net> (to avoid Administration Fee of \$8) or Mail pre-registration entry (postmarked by November 1, 2018) as indicated on entry form. **\$7 per runner plus a \$3 processing fee. Late and day-of-meet registration allowed with additional late fee of \$10. (Total of \$20.00) (www.athletic.net available Late September)**
- Registration & Check In:** Open 8:30 a.m. in the finish line shed and continues throughout the day.
- Questions:** Mary Stroud 608-274-4270 Email: [marystroud95@gmail.com](mailto:marystroud95@gmail.com)
- Awards:** Awards to top 10 in each division.
- Age Divisions:** Youth: Refer to age division listed on entry form; Open 19 to 39; Masters 40-44, 45-49, etc.
- Proof of Age:** Junior Olympic athletes must attach copy of birth certificate to paper entry form or email to Matt DeWitt unless USATF membership card states "Verified". Must be verified to register online.
- Teams:** Team competition contested in all divisions. **AGAIN THIS YEAR:** 15-16, 17-18 boys and girls can combine run as a separate boy or girls team to qualify to go to nationals. (ie. you can run as a HS team to qualify for nationals.) Teams **MUST** be registered with Wisconsin USATF prior to competition. For further information on team registration contact: Patrick Pretty, USATF 262-675-2605.
- Directions:** I-94 to Hwy E (exit 339). Go East until you reach campus. Turn left into UW-Parkside and follow signs.
  - The UW-Parkside race course is located in northern Kenosha County, five miles south of Racine.
  - Milwaukee is 25 miles north.
  - Highway I-94 passes four miles west of the campus.
  - Highway E runs east from I-94 and leads directly to the race course.
- Parking:** There is adequate parking in the lots adjacent to the University Fieldhouse.
- Advancement:** The top two teams and the top 15 individuals advance to National Championships. No displacement. There is no Region 8 XC Meet this year.
- Nationals:** December 8, 2018 in Reno, Nevada.
- T-Shirts:** T-shirts can be ordered in advance on the entry form and can also be purchased at the meet. T-shirts can be ordered during on-line entry process, but must be paid for at check-in.

## MEET SCHEDULE

## 8:30 AM REGISTRATION OPENS

10:00 AM Men 5K - 15-16/17-18/O/Ma  
10:30 AM Women 5K - 15-16/17-18/O/Ma  
11:00 AM 8 & Under 2K - Boys/Girls

11:25 AM 9-10 Girls 3K  
11:50 AM 9-10 Boys 3K  
12:15 AM 11-12 Girls 3K

12:40 PM 11-12 Boys 3K  
1:05 PM 13-14 Girls 4K  
1:30 PM 13-14 Boys 4K

## 2018 USATF National Junior Olympic

### Cross Country Championships

December 8, 2018

Reno, Nevada



### Event Website Information:

[www.usatf.org/Events---Calendar.aspx](http://www.usatf.org/Events---Calendar.aspx)  
from Junior Olympic Series, select Cross Country



# 2018 INDIVIDUAL ENTRY FORM - WISCONSIN USATF

## (PLEASE CHECK ONE)

☐ Born 2010 or later

☐ Born 2008 - 2009

☐ Born 2006 - 2007

☐ Born 2004 - 2005

☐ Born 2002 - 2003

☐ Born 2000 - 2001\*

☐ Ages 19 - 39

☐ Age \_\_\_\_\_

## AGE DIVISION

\*8 and Under as of Dec. 31st

\*9-10 Division as of Dec. 31st

\*11-12 Division as of Dec. 31st

\*13-14 Division as of Dec. 31st

\*15-16 Division as of Dec. 31st

17-18 Division as of Dec. 31st

Age 19 - 39 Open (O)

Age 40 and up Masters (Ma)

**\*Copy of birth certificate required to be verified.**

☐ Team Entry (Born 2000-2003 Team 15-18)

**Make Checks Payable and Mail to: WISCONSIN ASSOC. USATF,  
ATTN: TOM WILLIS, 126 LAKE COURT, SHEBOYGAN, WI 53081  
MAIL DEADLINE IS NOVEMBER 1, 2018.**

## To Avoid Administration Fees

## No refunds or transfers!

- Obtain a current USATF membership from <https://www.usatf.org/membership/application>
- Register for the event on-line at <http://www.athletic.net>
- Verify proof of age (if membership card does not say "verified"), by mailing or emailing to Matt DeWitt (see Officers & Committee Chairs)

### 1. NON 2017 USATF MEMBERS (Includes membership fee only)

Youth Membership \$20.00 \_\_\_\_\_  
Adult Membership \$30.00 \_\_\_\_\_

### 2. ALL MEET ENTRANTS

Processing Fee \$ 3.00 **\$3.00**  
Entry Fee \$ 8.00 **\$8.00**

### 3. T-Shirt Fee (Please circle size)

YTH, S, M, L, XL \$20.00 \_\_\_\_\_  
Adult XXL (Long sleeve) \$23.00 \_\_\_\_\_

### 4. Administration Fee

\$ 8.00 **\$8.00** (mandatory for paper entries)

**TOTAL Fees 1+2+3+4**

\$ \_\_\_\_\_ Check # \_\_\_\_\_

Last Name															First Name															Age on			Sex		Birth date		
																														Nov. 4			M/F		Mo Day Year		
Street Address (include apartment number and/or P.O. Box)																																					
City and state																				Zip/postal code																	
Team/Club name (not applicable if unattached)																				Area code					Telephone												
2018/2019 USATF number										E-mail Address																											

Knowing that participating in cross country is a potentially hazardous activity. I enter this meet certifying that I am medically able and properly trained. I also assume any and all other risks associated with participating in this event/these events including but not limited to falls and contact with other participants. Knowing these facts, and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive, release, and discharge USA Track & Field, UW-Parkside, meet officials, volunteers, and any and all sponsors including their agents, employees, assigns or anyone acting for or on their behalf, from any and all claims or liability for death, personal injury, or property damage of any kind or nature arising out of, or in the course of my participation in this meet. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or

unforeseen, known or unknown. The undersigned further grants full permission to USA Track & Field, UW-Parkside, and/or agents authorized by them to use any photographs, videotapes, motion pictures, recordings, or any other record of this event for any purpose. I understand that entry fees are not refundable.

I have read the foregoing and certify my agreement by my signature below.

Signature (Parent/guardian must sign if applicant is under 18 years of age)

## USA TRACK & FIELD MEMBERSHIP INFORMATION

### ONLINE REGISTRATION

Available late September to ALL athletes. Note - 2018 Club Youth Entries MUST register on-line. Registering and paying on-line avoids the \$8.00 ADM fee. WI 2018 USATF Club Teams MUST be in good standing and have necessary background check forms completed. **ALL ATHLETES MUST HAVE VALID USATF MEMBERSHIP and also be DOB verified before registering on-line.**

Go to [www.athletic.net](http://www.athletic.net), select "On-Line Registration", select "Enter a Meet", choose correct meet from calendar, and complete the entry forms. For assistance, contact Tom Willis. **Note:** When you get to the athletic.net website, you need to login with your username and password. **If new to athletic.net, you will need to obtain your login information by registering.**

### 2019 WI Association XC & National Junior Olympic Championships

The Wisconsin Association of USATF will be hosting the 2019 Wisconsin Association Cross Country Championships (11/3/19) and the 2019 National Junior Olympic Championship (12/14/19) at the Yahara Hills Golf Complex in Madison, WI.

### 2018 Ranger 5K

The University of Wisconsin - Parkside, in cooperation with the Kenosha Area Convention and visitor's Bureau, will be introducing the Ranger 5K XC meet on Saturday, November 10th. All proceeds from the run will go into a newly established fund for the renovation of the UWPXC course.

## OFFICERS & COMMITTEE CHAIRS

### BOARD OF DIRECTORS

#### President/WISTCA Official/Officials

Jay Preston N27 W22093 Timberwood Lane  
Waukesha, WI 53186  
262-542-7060  
jaypreston@mac.com

#### Vice-President/Youth Athletics

Alonzo Fuller 414-550-3852  
fmdd@msn.com

#### Treasurer

Katie W375 S5046 E. Pretty Lake Rd.  
Vannucchi Dousman, WI 53118  
262-337-0197  
kvannucchi@gmail.com

#### Secretary/Clubs, Coaching, Education Combined Events, and Sanctions

Patrick Pretty 10528 Pleasant Valley Road  
Cedarburg, WI 53012  
262-675-2605 & Fax  
papret@execpc.com

#### Individual Membership/Race Walk

Matt DeWitt 908 High Street  
Union Grove, WI 53182  
262-358-2746 Cell  
membership@wisconsin.usatf.org

#### At Large Members include:

Lisa Bruening -  
lbruening29@gmail.com  
Peter Henkes - wisrun@gmail.com  
Valentine Zibung -  
tranquil1216@gmail.com

### COMMITTEE CHAIRS

#### Athletics for Disabled/IPC & Cross Country

Lisa Bruening 414-208-9558  
lbruening29@gmail.com

#### Course Certification

Jim McFadden 262-514-2925  
jcmcfadden@tds.net

#### Legal Liaison

Paul Murphy murphyp@execpc.com

#### Long Distance Running/Men/ Masters/XC

Peter Henkes 262-633-0033  
wisrun@gmail.com

#### Masters Track & Field

Stan Druckrey 414-764-0170  
sdruckrey@wi.rr.com

#### Medical Consultant

J. Eric D. Castro, MD, FACEP  
773-771-4160  
jedcastromd@yahoo.com

#### Meet Administration

Tom Willis 126 Lake Ct.  
Sheboygan, WI 53081  
920-458-3519  
twillis126@sbcglobal.net  
tom.willis@kohler.com

#### Mountain Ultra Trail

Roy Pirrung 920-207-9672  
ultra1@wi.rr.com

#### Men's Track & Field

Mike Nelson 10239 Beverly Place  
Wauwatosa, WI 53226  
414-889-2363  
414-288-5105  
michael.nelson@marquette.edu

#### Women's Track & Field

Kevin FitzPatrick  
715-358-5334  
trackandfield@frontier.com

#### Webmaster

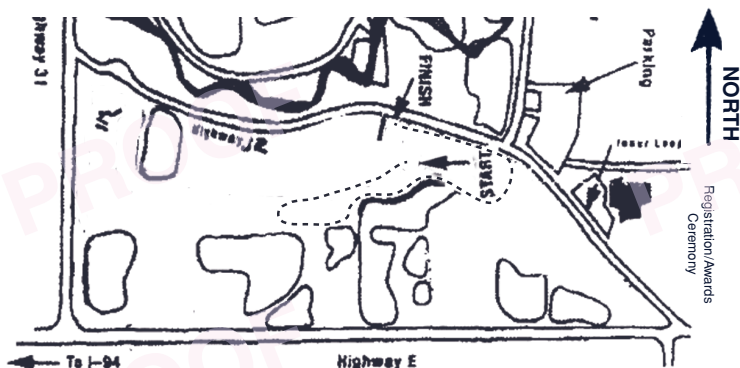
Ronn Blaha 262-844-0869  
ronnblaha@gmail.com

**- ATTENTION -  
WI USATF Website:  
[www.wiusatf.org](http://www.wiusatf.org)**

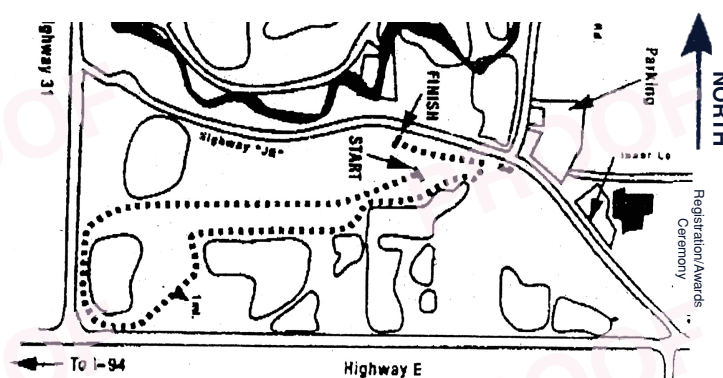
WISCONSIN USATF OFFICE: 5203 Whitcomb Drive, Madison 53711 • 608-274-4270 • marystroud95@gmail.com

## COURSE MAPS

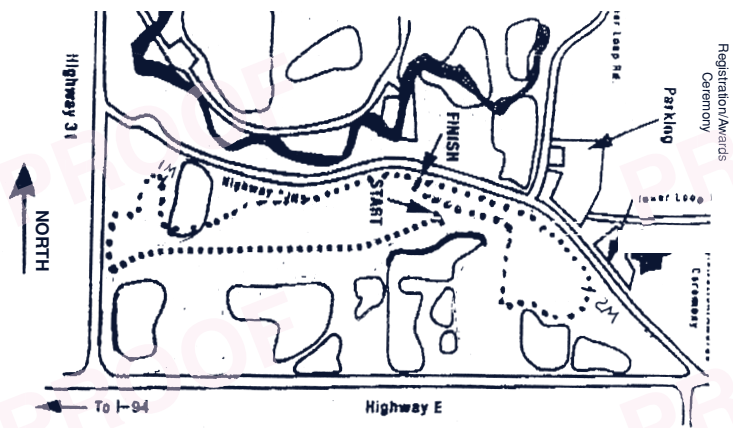
### 2 Kilometer Course



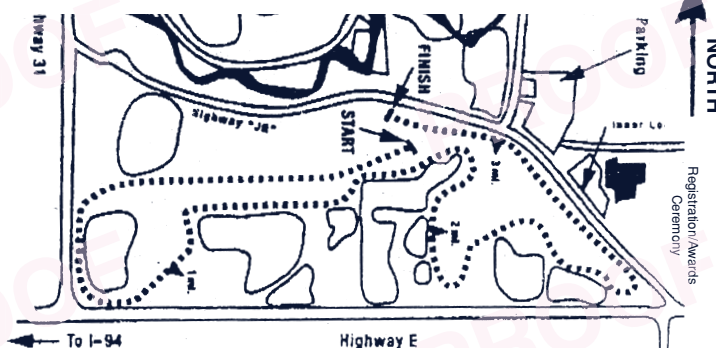
### 3 Kilometer Course



### 4 Kilometer Course



### 5 Kilometer Course



## 2019 Calendar

February 1-2nd	WISTCA Clinic - Middleton, WI
February 3rd	WI USATF Indoor Meet - Carthage College
February 15-17	USATF Indoor Track & Field Championships - TBA
March 2-3rd	USATF National Youth Indoor Track & Field Championships - New York, NY
March 3rd	Spring Meeting - Ingleside Hotel, Pewaukee, WI 1-5pm
March 15-17th	USATF Masters Indoor Track & Field Championships - TBA
June 13-16th	WI USATF State Outdoor Meet - Carroll University
June 20th-23rd	USATF Outdoor Meet - TBA
June 25-30th	USATF Youth National Track & Field Championships - TBA
July 4-7th	USATF JO Regional Meet - Fargo, ND
July 11-14th	USATF Masters Outdoor - Ames, IA
July 22-28th	USATF National JO Meet - Sacramento, CA
August 11th	Fall Meeting - Ingleside Hotel, Pewaukee, WI 1-5pm
November 3rd	JO XC Association Meet - Yahara Hills Golf Complex, Madison, WI
Nov. 27th-Dec. 1st	USATF Convention - Columbus, OH
December 14th	JO National XC - Yahara Hills Golf Complex, Madison, WI

For national calendar visit - [www.usatf.org/calendar](http://www.usatf.org/calendar)

## No Dogs Allowed

### IMPORTANT UPCOMING

#### 2018-2019 DATES:

- USATF Convention, Nov. 29th - Dec. 3rd in Columbus, OH
- Wisconsin USATF Indoor Meet February 3rd at Carthage College
- WIUSATF Spring Meeting, March 3rd, 1-5 p.m., Ingleside Hotel, Pewaukee

Look for updates at

[wusatf.org](http://wusatf.org) or [usatf.org](http://usatf.org) or  
contact Pat Pretty 262-675-2605  
or Mary Stroud 608-274-4270



5203 Whitcomb Drive  
Madison, WI 53711

# XC 2018



2018 Result Information



**USA**  
**TRACK & FIELD**  
WISCONSIN

# 40th Annual WISCONSIN USATF CROSS COUNTRY CHAMPIONSHIPS

## SUNDAY

## NOVEMBER 5, 2017

Wayne E. Dannehl Cross  
Country Course  
UW-Parkside  
4400 Petriying Springs Road  
Kenosha, WI 53144  
Direct Advance to Nationals  
Nationals – Dec. 9th  
Tallahassee, FL